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**An Evaluation of Online ABA Training Programs for Parents and
Caregivers**

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ABSTRACT

Online Applied Behavior Analysis (ABA) training programs have emerged as an important resource for parents and caregivers who support children with developmental and behavioral challenges, particularly those with autism spectrum disorders. These programs aim to provide practical knowledge and skills that enable caregivers to implement evidence-based behavioral strategies in daily life. The evaluation of online ABA training programs focuses on their accessibility, effectiveness, content quality, and impact on caregiver competence. Through digital platforms, these programs offer flexible learning opportunities, allowing parents to access instructional videos, interactive modules, and guided practice sessions at their convenience. Research indicates that well-structured online ABA training can significantly improve caregivers' understanding of behavioral principles such as reinforcement, prompting, and behavior modification techniques. Furthermore, these programs often include assessments and feedback mechanisms that help caregivers track their progress and refine their intervention skills. However, the success of online training largely depends on factors such as user engagement, technological accessibility, and the availability of professional support when challenges arise. Evaluating these programs also involves examining their ability to promote consistent application of ABA strategies within home environments.