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Impact of Hyperactivity Disorder Among Teachers Sumita Gorai

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ABSTRACT

Hyperactivity Disorder, commonly associated with students, can also significantly impact teachers, particularly when managing classrooms with hyperactive individuals. Teachers often face challenges such as disrupted classroom routines, difficulty maintaining student focus, and balancing the needs of hyperactive students with those of their peers. These challenges can lead to heightened stress levels, reduced job satisfaction, and burnout among educators. The continuous need to address impulsive behaviors, inattentiveness, and restlessness in students with hyperactivity disorder demands additional effort from teachers, often requiring tailored strategies and interventions. Teachers may struggle with maintaining classroom harmony, leading to frustration and feelings of inefficacy. This can negatively affect their teaching performance and overall well-being. Additionally, the lack of adequate training or awareness about managing hyperactivity disorder exacerbates the issue. Teachers may feel unprepared to implement effective classroom strategies, resulting in missed opportunities for student growth and increased professional dissatisfaction. However, with proper support systems, such as training programs and access to resources, teachers can mitigate these impacts. Building awareness and fostering collaboration with parents and professionals can help educators manage hyperactivity disorder more effectively, reducing stress and creating a positive learning environment for all students. Empowering teachers is essential for addressing the broader implications of hyperactivity disorder in educational settings.

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